

Coco-Mint Macaron



Macaroon	Quantity
pure icing sugar	100g
almond ground	100g
castor sugar	80g
egg whites	80g

Process:
 Mix together almond ground & icing sugar
 Whisk egg whites with castor sugar, mix to stiff peaks, fold gently in dry ingredients to meringue and mix until smooth and shiny
 separate batter and mix a little green liquid colour to half of batter leaving other half white,
 pipe both mixtures out onto baking sheet and bake

Bake 160.c 5 mins
Then 130.c 7 mins

Butter cream filling	Quantity
Castor sugar	185g
Water	60g
Egg yolks	130g
Butter	240g
Vanilla bean	1
Mint extract	3 drops
coconut puree	20g

Process:
 Cook castor sugar, water & vanilla to 120c, fold slowly into whipped yolks on 3rd speed for the pate bomb.
 continue whisking until mixture comes down to 20c,
 pour coconut puree over the pate bomb and mix until combined
 add softened butter & whip for a further 2>3minutes until light, add mint to flavour

RECIPE of the month



Recipe by Tim Clark & Laurent Meric of Cacao Fine Chocolates & Patisserie



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